



The Wren

V.28 ISSUE 4 JULY/AUGUST 2019

STAY CONNECTED TO SON

 Sons of Norway - Circle City Lodge

SON Newsletters

will be available on a bimonthly basis. For the electronic newsletter, please send your email and contact info to: jlrud@cinergymetro.net JERRY RUD

If you would like to receive a printed version of the newsletter, please send your contact info to: burtonbittner@att.net BURT BITTNER

JOIN US FOR A GREAT TALK ON AUGUST 10

Mike Palecek will discuss *The First Norwegian Settlements in America*.



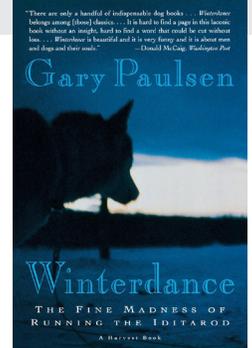
CELEBRATING THE RED, WHITE AND BUNAD

One of the original 500 Festival events, the IPL 500 Festival Parade is one of the nation's largest, most respected parades, consistently earning national acclaim alongside the Pasadena Tournament of Roses Parade and the Macy's Thanksgiving Day Parade. More than 300,000 people line the streets of downtown Indianapolis to experience the larger-than-life floats, giant helium balloons, celebrities and dignitaries, award-winning bands, all 33 drivers competing in the Indy 500—AND the members of our lodge. Circle City Lodge Members await to march in the Indianapolis 500 Festival Parade. L to R: Kari Kuster, Nancy Andersen, Jerry Rud, Glenna Divine, and Laura Andersen Bales.



WINTERDANCE BY GARY PAULSEN

A personal tale of the trials, dangers and exhilaration of running the Iditarod, Winterdance is an exciting read. From the months of preparations and practice to the thrill of crossing the finish line in Nome, readers willingly follow and share the musher's emotions. It is his developing relationship with his dogs that endears us to him and to his journey. —Reviewed by Gretchen Wiegel



Fra Presidenten

June 25, 2019

I am sitting on a beach in *Santorini, Greece*—what an amazing view—under an umbrella before I fry from the beautiful sunshine. Sitting here it is hard to imagine having any responsibilities, unfortunately reality will hit soon as we leave Santorini tomorrow morning and head to Mykonos for one night then on to Paris to sight see for a couple of days—it will be a crash course in Paris then on to home.

I got a text to remind me I need to send my President's newsletter. So here it is from the lovely beaches of Santorini. I think my love of travel comes from my Norwegian roots. I have always wanted to travel, it is what makes me happy, why I work so hard at home to be able to afford it and why I built it into my retirement plan. I do have a few products with Sons of Norway, an annuity and a life insurance/long-term care plan. They are very easy to set up with *Greg Reagan* our representative.

You will have to bear with me, something about the beach makes my mind wander.

We have had a busy few months with the club. I made my first *Blotkaka* using Dagrún's recipe and utensils, I really appreciate all of the work and time that goes into making it. We had a good turn out for *Syttende Mai* with great food and fellowship. I volunteered to walk in the Indy 500 parade this year if I could find a bunad. You really know what a wonderful brotherhood Sons of Norway is. I put the word out in the District 5 newsletter that we were in need of summer bunads to borrow for the parade. Within 2 days one member in Illinois contacted me and sent hers to me in the mail. Another member from Wisconsin contacted me and let me know she was traveling to Norway and could pick them up for \$180.00. I contacted her with sizes for Glenna and I so she picked up one for each of us. She was able to overnight them and that gave me a little time to hem the dress. Laura and Kari were able to borrow bunads from Dagrún and Jerry wore a traditional shirt. We waved our flags and also made contact with other Norwegians that were in the parade. As always it shows us what a small world we live in.

Before I left on vacation I heard the sad news of *Bia Martin's* passing. She will be greatly missed. She was so lively and so welcoming when I first joined the club. She and her husband were Charter members. I believe I still have some of the Christmas cards she designed. She was very creative and always coming up with ideas to fundraise for the club.

There is no meeting in July but we will have a board meeting at the end of the month on July 27 at the MCL on 86th street and Township Line Road 11:30 am, anyone is welcome. We value input for planning our future meetings.

Our next meeting is *August 10* our Summer picnic. \$5 each for hotdogs, potato salad, chips, etc. The program will be on Norwegian Immigration by *Mike Palecek*. Mike is our District 5 treasurer and recently authored the book "The First Norwegian Settlements in America". It will be a great meeting, and I look forward to seeing everyone soon.

The sea is calling so I will see everyone in August if not before.

Nancy

Member snaps



NEWSLETTER PHOTOS

Do you have great photos from our meetings or from your travels? Your images could be the art we need for our next newsletter. *We'd love to feature you.* Please send those photos to: jlrud@cinergymetro.net or lindsayhadley23@mac.com. Else, the newsletter will be filled with pictures of Milo Lisko. (Lindsays son.)

GAME, SET, MATCH



MEMBER LUNCH JUNE 19

Here is the group that enjoyed the return of Bob and Dagrun from Albuquerque where Bob played in the seniors tennis tournament there the day before. He was awarded a gold medal for being the oldest participant. And he won the first game but lost the second one. I would still say it was a fabulous win all the way around and we were so happy to hear his good news. —Kathy



DAGRUN AND BOB BENNETT

A record number of athletes - 13,712 - from across the United States and beyond, participated in the 2019 National Senior Games (NSG) in Albuquerque, New Mexico from June 14-24. Our very own **Bob Bennett** was not only a competitor, but also a medalist! Bob won a gold medal for tennis in his age group.

Love all.

Please, join us!

WE'D LOVE TO SEE YOU.

- *Sammenkomst* is typically the **SECOND FRIDAY NIGHT** or the **SECOND SATURDAY AFTERNOON** of the month—King of Glory Lutheran Church
- *Member lunch* is the **THIRD WEDNESDAY** of the month.
- *Board Meetings* are the **FOURTH SATURDAY** of the month at 11:30 a.m.

NO JULY MEETING

SAMMENKOMST

Saturday, Aug. 10, Noon MEAL Provided picnic (\$5 each). Hotdogs, potato salad, chips, etc. **PROGRAM** a talk by Mike Palecek on Norwegian Immigration. Mike recently authored the book [The First Norwegian Settlements in America](#). He lives in Racine, WI and is District 5 Treasurer. This should be a great program!

MEMBER LUNCHES

Stay tuned for details.

BOARD MEETINGS

MCL at 86th and Township Line Road

07

JULY

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4
5	6	7	8	9	10	11

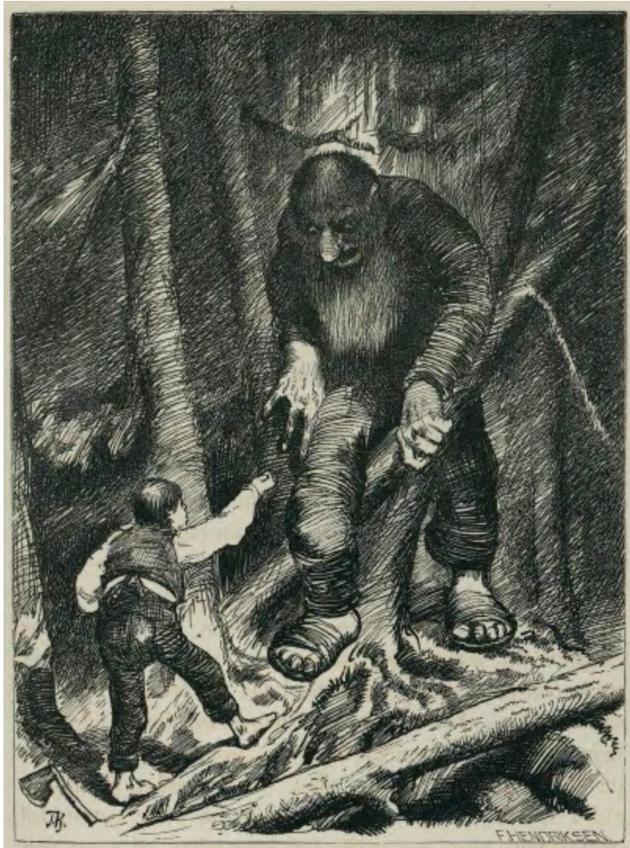
08

AUGUST

MON	TUE	WED	THU	FRI	SAT	SUN
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

Askeladden

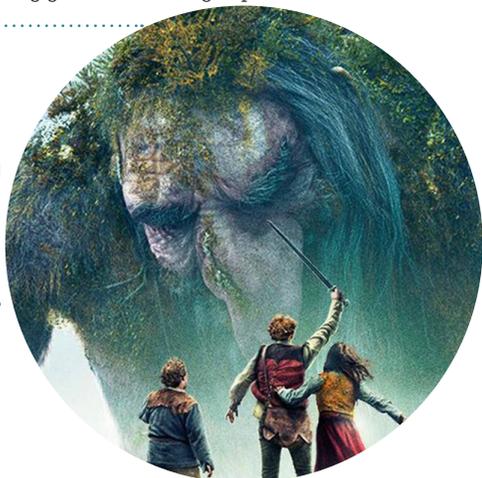
SOM KAPPÅT MED TROLLET



ASKELODDEN HAS AN EATING CONTEST WITH A TROLL

Contributed by Jean Tygum. Note: I'm never sure about the morality of these old tales (including Grimm's fairy tales). Is the lesson here that it's okay to trick, kill and rob a troll, because you're really overcoming the harshness of life? Trolls were imaginary monsters, after all, and embodied all that was evil and dangerous in life. Or perhaps "desperate times call for desperate measures"? Or, since it's a fairy tale, anything goes? Something to ponder.

ASKELODDEN IS THE MAIN CHARACTER IN MANY NORWEGIAN FOLKTALES. >



A farmer heavily in debt sent his three sons into the forest to chop wood to try to earn money. But a troll came along and the two older boys, frightened, ran away. The youngest brother, called Askeladden, or "Ash-Lad," because his job in the household was to stir up the ashes in the fireplace and keep the fire going, was not as energetic as his two older brothers. He was perhaps even a bit lazy and that was why he didn't mind sitting by the fireplace poking at the ashes.

Askeladden had asked his mother for food before leaving home. When the troll threatened him in the woods, Askeladden pulled out some cheese, squeezed it until whey came running out, and said to the troll, "See this stone? I can squeeze you as easily as I squeezed this stone!" Trolls have poor eyesight and are rather stupid, so the troll was easily fooled, and he offered to help Askeladden with his wood-cutting.

Askeladden accepted the troll's offer and let him chop a nice big pile of wood for him. Then the troll invited Askeladden to come home with him for supper. He began to build a fire and asked Askeladden to walk a mile to the spring and fetch two buckets of water for porridge. Askeladden was a small lad and realized he could not carry such huge buckets. "Never mind, kind Atroll," he said, "these buckets are too small for our needs. I will just bring you the entire spring."

The troll was alarmed. Not wanting to lose his spring, he exchanged chores with Askeladden. He let the boy build the fire and he himself walked the mile to the spring and carried back two heavy buckets of water.

The troll cooked up a big pot of porridge and when it was done, they had an eating contest, but Askeladden put more porridge into his food bag than into his stomach, and when the bag was full, he cut a hole in it, and let the excess run out into some bushes. The troll ate and ate, and finally said he could eat no more. Askeladden said, "You still can win the contest. Why don't you cut a hole in your stomach? It won't hurt much, and you can then eat as much as you like."

The troll did so, and died, and Askeladden took the troll's gold and silver home with him, and he sent his brothers back into the woods to collect the pile of wood the troll had chopped. The family then had enough wood to keep their house warm all winter long and enough gold and silver to pay off the family debt.

— from *Norwegian Folktales* (Norwegian: *Norske folkeeventyr*), a collection of Norwegian folktales and legends by Peter Christen Asbjørnsen and Jørgen Moe, first published in 1841.

ROBB AT PREIKESTOLEN—
ONE OF THE BEST KNOWN
HIKES IN THE REGION >



OUR HOME FOR THE NEXT 2 YEARS

*We've rented a flat in this great
old house near central Stavanger*

NORWAY THEIR WAY

EXCITING NEWS FROM THE MORK-WILEYS: WE'RE MOVING TO NORWAY THIS SUMMER!

I'm going back to school, Jill will be pursuing teaching opportunities, and the kids will have the cultural experience of going to school in Norway. We're even bringing our Daisy Dog! Both Jill & I spent some of our formative years living overseas, and we have some family history with Norway going way back. So we're excited to embark on this adventure with our kids!

Stavanger is a charming harbor town in southwestern Norway, with attractions ranging from its 900 year old cathedral to fabulous hiking destinations. Stavanger is also a center for energy-related industries, so there's a lot going on there in terms of figuring out what our energy future will look like. I'll be studying in a 2-year master's program on Energy, Environment and Society. We've already found a place to stay in a great old house near downtown and an easy bike ride from the university. (And a 15 minute walk from the beach!) Of course, we'll also use our time there to travel in Norway and the rest of Europe.

Busy, busy, busy before we go, but we hope to catch up with friends and family over the next month before we leave. We will very much miss our friends, family and professional colleagues, and we are grateful for their support and encouragement as we've worked on this.

And if anyone needs a great old Victorian house here in Indy to buy or rent, we just might be able to fix you up!—*Robb*

Norway

IN THE NEWS



"THE FARM" PUTS CELEBRITIES TO WORK

Imagine a competition where you have to milk a cow, wrestle, or build and start a bonfire for a chance to win big. Norwegian reality TV series *Farmen Kjendis* (Celebrity Farmer) is the celebrity spin-off of another Norwegian reality TV series, *Farmen* (The Farm). This acclaimed show features a dozen celebrity participants attempting to run a farm using century-old methods and equipment. With no running water, heat or electricity, the key to survival is collaboration. Each week, two contestants must face off to determine who leaves the farm.

The popular reality series is a franchise from Sweden that has been replicated in over 40 countries. The Swedish and Norwegian shows debuted simultaneously in 2001, and both countries have since added celebrity versions. (The Swedish version is called *Farmen VIP*). The Norwegian franchise has lasted the longest, spanning 18 seasons, with farms located in 10 out of 18 Norwegian fylker (counties).

Celebrities on the show have included a boxer, TV chef, supermodel, comedian, artist, YouTube star, actor and professional athletes, among others. Gaute Grøtta Grav, winner of *Farmen* Season 1, has hosted both shows since 2004. Now filming its fourth season, *Farmen Kjendis 2020* will put the stars to work on Gjedtjernet Farm in Grue, Hedmark county. Tiril Sjøstad Christiansen, pro slopestyle skier and winner of *Farmen Kjendis* Season 3, assumes the hosting role while Grøtta Grav continues as host for Season 16 of *Farmen*.

SNAKKER NORSK

ONE COULD BECOME A FARMER... OR ONE OF THESE PROFESSIONS

Advokat i en rettssal

—Lawyer in a courtroom

Skjønnhetseksperter – Beautician

Løvetemmer – Lion Tamer

Bonde på en bondegård –Farmer on a farm

Jeg er en ingeniør – I am an engineer

Det er mange typer designere,

men jeg er motedesigner

– There are many kinds of designers,

but I'm a fashion designer.

Profesjonell pokerspiller

– Professional poker player

Tryllekunstner – Magician

Mekaniker – Mechanic

Rørlegger – Plumber

Elektriker – Electrician

Skomaker – Shoemaker

Gartner – Gardener

Sekretær – Clerk

**FRISØR
– BARBER >**



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SVERD I FJELL

Swords in Rock

Robert Gordon Mork and his family will soon live near this landmark. This memorial marker near Stavanger remembers the Battle of Hafrsfjord, where legend says King Harald Fairhair (anyone follow the 'Vikings' TV series?) first united Norway under a single crown.



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