

ELVESUND

SONS OF NORWAY LODGE #5-593

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OUR UPCOMING MEETINGS

September 24

Norwegian Elkhounds

You may remember a few years ago, we were lucky to have some beautiful Norwegian elkhounds to enjoy. Well, if you missed them, now is your chance to see them up close and personal.

Marge Kabala, breeder, trainer, handler, is bringing her two champion Norwegian elkhounds, Maya and Logan and will explain the wide abilities of Norwegian elkhounds.

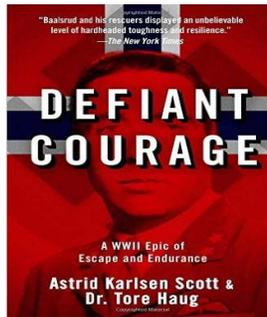


The Norwegian elkhound is a hunting dog that originated in Norway as early as 5000 B.C. It is the national dog of Norway. It is one of the oldest dog breeds, and have been found buried in Viking burial grounds.

As a treat, "hot dogs" are on the house." FREE. Call Linda at 847-224-2776 or Nancy at 630-240-9637 with your order: How many would you like?

October 22

"Defiant Courage"



Written by Astrid Karlson Scott and Dr. Tore Haug, and told by Richard Egeland.

Jan Baalsrud, who escaped from occupied Norway via the Shetland Bus, was trained in England as a saboteur and returned to Norway with other Norwegian men. Their mission was to stop the heavy water production by the NAZI's, but their mission was discovered shortly after they entered the fjord. What followed is months of escape and evasion, retribution of NAZI occupiers, and ultra close calls..

Rich will delve into the heavy water process and why it was important to the nuclear program and Jan's involvement in it.

Meetings:
3:00—6:00 PM

**4th Sunday of
the Month**

Volume XXXII, Issue 2
Sept.-Oct. 2017

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Westminster's Newest Norwegian Competitors

Meet the Norwegian Buhund

In 2010, for the first time in the 134-year history of the Westminster Kennel Club Dog Show, a trio of Norwegian Buhunds competed among 173 other dog breeds to win a title at the prestigious dog show. The dogs, and other recent additions to the show like Pyrenean Shepherds and Irish Reds and White Set-



ters, became eligible for the competition in 2009 after the American Kennel Club formally recognized their breeds.

The three buhunds at the WKC dog show compete for individual titles within their breed as well as larger titles such as "best in show" and "best of group;" While none of the buhunds took home the top awards, they were part of a select group of 25 buhunds that are part of the national competition circuit. The dogs' owner speculated that the quality of the competitive buhunds is so high due to their sire, a dog named Magnus, who is related to almost every buhund in the U.S.

Meet the Norwegian Lundehund

In addition to the Buhund, another popular Norwegian dog breed is the Lundehund. Lundehunds are small, agile, and highly adapted to life on the remote island cliffs of arctic Norway. Boasting six toes, forelegs capable of bending at a 90° angles to its body and a flexible neck that enables the dog to bend its head backward toward its spine, the dog is perfectly built for hunting and retrieving puffins from steep vertical cliffs and narrow crevices.

While extremely popular among farmers prior to the mid 1900's, the dogs suffered a major population decline when puffin hunting with nets became popular and a state-instituted tax on lundehunds was enacted. By as early as 1930, the



dogs may have been as low in number as 50, eventually falling to only 6 after an outbreak of distemper. With the help of careful breeding and strict guidelines, the Lundehund's population is now on the rebound with an estimated 1500-2000 dogs in the world.

Remember Sons of Norway is a financial benefit society and offers some excellent financial products, including life insurance, long-term care insurance, and annuities. For more information, to www.sofn.com and click on "Financial Products" or contact our area's Financial Benefits Counselor: call **Greg Regan** at 800-442-4146, email: gregragan@aol.com.

38th Annual Scandinavian Day Festival: Sept. 10

ENTERTAINMENT:

- The Nordic Folk Dancers of Chicago
- Jaerv from Sweden
- Gangspil from Denmark
- ABBA salute
- Nordic beer tasting!
- Living history
- Face painting
- Pony rides

EAT

Traditional vendors will assure return of your Scandinavian Day favorites.

SHOP

Approximately 50 vendors from across the USA offer arts and crafts, gifts, specialty foods and travel opportunities unique to ethnic origins of Denmark, Finland, Iceland, Norway, and Sweden.

Sunday, 10:00 AM—6:00 PM

Vasa Park, 35W217 Route 31, South Elgin, IL

Admission: Adults: \$10.00; Free parking
Children 12 and under FREE;

TRUE ACCOUNT OF AMERICA—1838

By Ole Rynning. A book review by Richard Egeland.

Ole addresses some concerns about coming to America, the first of which being in what direction is America from Norway? This is in the 1830's so not a lot was written about the New World, and, even if it was, literacy was not at the top of the lists of most countries then. He eventually found out by talking to captains of ships who had been there, and they told him of America and some of its idiosyncrasies,

He wants to know how the country was the first discovered and why do so many go there hoping to make their livings. How much is land, how about overpopulation or will the new government prohibit or limit people from coming there. What was the land like? What languages are spoken, and are they easily learned. These are very valid questions to ask before one makes the leap even though this is a leap of faith of sorts. As we can see from history, there have been limitations to immigrants in this country although if you have a skill that is in need in the New World, you were accepted without hesitation.

He then wants to know where Norwegians have settled, and, in typical frugal Norwegian fashion, which is the cheapest way to get there? The Midwest becomes the favorite place to start a new beginning, with Chicago firmly in their sights. Other states that benefitted from Norwegian immigrants are Wisconsin, Minnesota, North and South Dakota, and Michigan. Indiana did not appear to be a prime destination for this time period, but it did have at

least some Scandinavian people there.

Other concerns are the form of government there, specifically laws that govern people or is it a lawless country? True, that there have been areas that have had the reputation of being lax on laws, but for the most part, Ole found that people are generally good with open hearts for others. He wanted to know what religions are there, and is there religious freedom? Indeed, the Scandinavians built churches wherever they went and the New World was no exception.

His last item in questions is: What provisions are made for the care of poor people and the education of children. These two questions point out the humanitarianism of the Scandinavian people that we see in these modern times. To ask these questions is to be forward thinking in that if someone does not make their fortunes or something befalls them preventing them from prevailing in the wilderness, there is a safety net.

Ole Rynning did move to America and found that his questions were answered, and he did thrive here until his death in 1857.

<http://norwegianridge.com/2012/04/21ole-rynnings-true-account-of-america-1838/>

Tour de France Stage Win for Boasson Hagen

Some clever off-bike research paid off at this year's Tour de France for Norwegian pro cyclist Edvald Boasson Hagen. In the longest stage of the race—138 miles—the 30-year-old broke his 6-year drought to finish first in the 19th stage, which ended in Salon-de-Provence in July. Boasson Hagen, known as “The Boss,” had taken second place in two stages that were so close, the winner could only be determined by photo finish.

Boasson Hagen says he did his homework by watching a video of the route the morning before the stage. He noticed that one side of the final roundabout was much shorter than the other. Boasson Hagen and one other rider sprinted ahead of the peloton (French for the main pack of riders), choosing the right side, while the mass of riders took the longer way around. There was no way for the larger mass of riders to compensate for this error in routing. This well-timed attack resulted

in a much wider lead for the duo, and Eddy “the Boss” charged ahead for the win. A Norwegian cycling commentator went wild with excitement, knowing how hard Boasson Hagen had worked for this comeback.

In a related story, the city of Stavanger is lobbying to host the grand depart (race begin) of the Tour de France in 2022. If things go according to plan, Norway would become the first Scandinavian country to host the first stages of the world-famous cycling race. The proposed tour would head from southwestern Norway to Oslo before transferring to French soil.

ALL EYES ON PREIKESTOLEN

Norway's iconic cliff formation Preikestolen (Pulpit Rock) has been grabbing headlines this summer.

Overlooking the Lysefjord, the spectacular location offers awe-inspiring views and is one of Norway's most visited attractions. So much so, that CNN placed the site atop their list of 50 natural wonders (the Geirangerfjord and Nærøfjord also make the list), and last month newspaper Stavanger Aftenblad reported on the upcoming nine-day closure of the attraction to film scenes for the Tom Cruise spy movie “Mission: Impossible 6” in late September.

But, the recent question being posed by those within the scientific community is whether or not Preikestolen is at risk of collapsing and creating a flood in the fjord below. Of particular concern since the 1930s is a half-

meter wide gap in the rock, which is several meters deep. Despite remaining unchanged for over two decades, measurements taken in May suggest that the space has widened by 2-3 millimeters.

In an effort to increase monitoring efforts—previously geologists installed bolts on both side of the crack to test expansion—the Geological Survey of Norway will be applying modern methods. Scans and high-resolution aerial photography will be taken from all angles to better document changes within the rock. In addition, 3D models of the surface will be generated by the Norwegian University of Science and Technology (NTNU) to assess stability.

GRATULERER MED DAGEN

September

- 2 Gardis Dahle
- 21 Linda Courtice
- 22 John Myhre

October

- 6 Ruth Courtice
- 10 Judy Arnold
- 25 Solveig Pederson



CALENDAR OF EVENTS

September

- Sept. 10 **38th Annual Scandinavian Day Festival**, Vasa Park, 35W217 Route 31, South Elgin, IL, 10:00-6:00. Adults: \$10, children 12 and under FREE, free parking. Traditional food, crafts, games, gifts and entertainment. Celebrate the five Nordic cultures and heritage. 847-695-6720, www.scandinaviandayil.com.
- Sept. 16 **Viking Ship Visitors' Day**. Good Templar Park, Geneva, IL. 1:00 PM—4:00 PM Adults \$5.00; teens \$3.00, children 12 and under free. www.vikingship.us.
- Sept. 24 **Norwegian Elkhounds**, Elvesund Lodge Meeting, St. Michael's Church, 500 E. 31st St., LaGrange Park, IL. 3:00-6:00. 630-209-9450.
- Sept. 30 **16th Annual Fish Boil & Harvest Festival**. Vasa Park, 35W217 Route 31, South Elgin, IL, 1:00-5:00. Boil at 2:00. Reservations by Sept. 28 at 847-695-6730.

October

- Oct. 8 **Leif Erikson Wreath Laying Ceremony**, 1:00 PM, Humboldt Park, N. Sacramento Blvd., Chicago, IL.
- Oct. 11 **Author Discussion and Signing with Vidar Sundstol**, author of *The Devil's Wedding Ring*, will discuss and sign his books at Centuries & Sleuths bookstore, 7419 W. Madison St., Forest Park, 7:00-9:00.
- Oct. 21 **Viking Ship Visitors' Day** 10:00 AM—4:00 PM, Good Templar Park, Geneva, IL. Adult and teens \$5.00 fee to enter the park. Additional \$3.00 fee to tour the ship. Children free. www.vikingship.us
- Oct. 22 **"Defiant Courage"** Elvesund Lodge Meeting, St. Michael's Church, 500 E. 31st St., LaGrange Park, IL. 3:00—6:00.



Photo: Perry Straw

Visit the Viking Ship at Good Templar Park, Geneva, IL April-November 2017.

There are two special visitor's days left this year. See Events above.

Viking is a real, full size replica of a 9th century Viking ship, and she sailed across the Atlantic in 1893, proving Leif Erikson's voyage of discovery possible.

Visit the *Viking* and you get an up-close look at this beautiful ship.

Walk around the outside . . . peer into the inside. You'll be amazed.



Visit the Norsk Museum at 3656 E. 2631st Rd., Sheridan, IL. June-Sept.

Housed in the oldest Norwegian Lutheran church in America,

founded by Elling Eielsen, in 1834. The museum collection was donated by local families in honor of their ancestors.

While you're in the area, visit the historic Norway Store, founded in 1848, across the street, where you'll find many Norwegian foods and other items.

NANCY'S NOTES

As you know, October is Foundation Month, an excellent time to give back to a part of the organization that gives so much. Giving to the Foundation means helping students pay for college, lodges engaging their communities and more.

One way we support Foundation is by passing the "pot," If each member attending the October meeting would bring a contribution of ***your age times 5 cents***, this should generate a little extra contribution for this year, in addition to what our lodge will send. For those members who live outside the meeting area, you may want to send a check to my attention at 835 Circle Avenue, Forest Park, IL 60130, marked "Foundation."

This is the fifth year
Elvesund will have a booth at

the Scandinavian Day Festival in Vasa Park. It's a lovely venue and has lots to offer anyone: Great food, lots of vendors selling Scandinavian goods, and much entertainment. Stop by.

Keep working on your sports medals. Priscilla Gabosch is on her second round of medals.. She walks at least 10,000 steps a day since she's retired!

Bring your Part 1 forms for genealogy to one of the next meetings. This seems to be one of the easiest cultural skills medals to attain.

Welcome to our new member,
John Barnett

Mary Ramsland Sordel moved to LaGrange Park, back from Washington state. Glad you're back.

Ha det bra, Nancy

AUTUMN WORDS

grønn genser	green sweater
grønne blad	green leaf
vindfullt	windy
regnete	rainy
høst	autu,m
halloween	Halloween
gresskarpai	pumpkin pie
langermet skjore	long-sleeved shirt
høstfarge	fall foliage
tilbake på skolen	back to school
endring av sesong	change of season



OCTOBER IS FOUNDATION MONTH

"We make a living by what we get. We make a life by what we give." — Winston Churchill

The Sons of Norway Foundation is dedicated to funding activities that preserve and promote Norwegian heritage, positively affect members, and make Sons of Norway communities a more vibrant place to live. Be it through a student's scholarship for study, a cultural exchange experience, or assisting lodges to provide quality programs and community events – the Sons of

Norway foundation is true to its mission.

Established in 1966, the focus and offerings have grown to include several categories of scholarships and four categories of grants.

We have awarded \$1,375,000 in scholarships, \$390,000 in grants and more than \$500,000 in humanitarian aid.

Making charitable gifts at any point throughout the year helps non-profits, churches or foundations that you feel passionate about continue to do good work.

Since 2004, the Sons of Norway Foundation has offered "helping hands to member" grants for current SON members who lose their homes due to natural disasters. These grants have helped with their recovery efforts from floods, tornadoes, and hurricanes.



AUTUMN RECIPES

WHIPPED CREAM CAKE From *The Norwegian Kitchen*

- 4 eggs
- 1 cup sugar
- 1/2 cup flour
- 1/3 cup potato starch
- 1 tsp. baking powder
- Fresh fruit juice
- 3 cups whipping cream
- Fruit or berries



Heat the oven to 350° F. Beat eggs and sugar until light and fluffy. Sift the dry ingredients and fold into egg mixture. Pour into a greased 9" springform cake pan and bake on the lowest oven shelf about 30 minutes. Cool the cake completely before removing from the pan.

Divide the cake horizontally into 2 or 3 layers. Sprinkle fruit juice over the layers. Whip the cream. Use the top layer as the base with the baked side down. Spread with a layer of cream and fruit. Repeat, then top with the bottom layer of the cake, baked side up.

Spread whipped cream over the top and sides of cake. Use a pastry tube to pipe stars around the edges.

Decorate with fruit or berries, or even chocolate figures.

CUCUMBER SALAD (Agurksalat) From *Authentic Norwegian Cooking*

- 1 cucumber
- 2/3 cup vinegar, white
- 2/3 cup water
- 3½ Tbsp. sugar
- 1/4 tsp. salt
- Dash of white pepper
- Fresh parsley

Thinly slice a cucumber. Mix dressing well and pour over cucumber slices in serving bowl. Make salad ready early enough to let dressing penetrate without making cucumbers soft (about one-half hour). Sprinkle with fine chipped fresh parsley.



THE EXPLORER: The Job of a Lifetime

Imagine being employed full-time to hike the beautiful fjords and mountains of Norway. Unbelievable, right? For many of us, this kind of opportunity is an unlikely fantasy or dream-job, but for 24-year-old Andreas Orset, it was reality for an entire year.

Andreas was hired in June 2016 as the “explorer” by the Norwegian shoe manufacturer, Alfa Sko and the outdoor recreation organization, Norsk Friluftsliv, with additional support from Visit Norway. The job description: spend a year hiking across Norway to promote the adventure and activity that the country has to offer, and product test Alfa Sko’s new hik-

ing boots.

Andreas was chosen from among 1,030 applicants for the ambitious and demanding role. The position required elite hiking experience and outstanding communication skills. As the Explorer, Andreas had to live in the outdoors together with, and against, the elements while documenting his travels through a blog and social media platforms.

July 2017 marked the end of Andreas’ adventures. His last 365 days were spent hiking, paddling, climbing, fishing, and

hunting the entire country of Norway. In addition to the more strenuous trips in the wilderness, Andreas also enjoyed smaller adventures in the woods behind houses or on the knolls near the city limits — proving that all of Norway can be explored and enjoyed. For Andreas, a bonus was that all across the country he experienced warm hospitality and companionship from those he met along the way.

For details about Andreas and his year-long adventures, follow him on Instagram (@alfaeventyreren) and Facebook or read his blog.

Nancy Robinson
President
835 Circle Avenue
Forest Park, IL 60130

**Sons of Norway
Elvesund Lodge
5-593**



JARLSBERG FILLED PEPPERS

(From *Authentic Norwegian Cooking*)
Serves 4-6

- 4 large peppers, red or green
- 1 lb. ground meat, low fat
- 1/2 tsp pepper, coarsely ground
- 2/3 cup French bread crumbs
- 1¼ cup Jarlsberg, diced
- Garlic salt
- 2 tsp. coarse salt
- 1/2 tsp. Tabasco
- 1/2 tsp. garlic salt
- Juice from 1 lemon
- 3½ Tbsp. butter

Divide peppers in two, remove stem and seeds. Sprinkle the coarse salt on baking pan. Mix meat, Tabasco, garlic salt, pepper, lemon juice, crumbs and half of Jarlsberg cheese. Divide evenly between the peppers. Top the peppers with remainder of the cheese. Melt butter, add garlic salt and brush over the peppers. Place on top of coarse salt on baking sheet, and bake in 350°F oven for about 35 minutes

