

May & June, 2016



Sons of Norway

H.R.Holand Lodge # 5-549



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- Counselor: Diane Overby

President Message

To Our Members:

Our corned beef dinner was a huge success-Norwegian's celebrating St. Pat's Day!! It was a great way to finish our "noon" winter schedule. A special tusen Takk to Jackie Lau and her committee for a delicious semi-potluck meal. A good time was had by all; dining and then playing Crazy Bunco.

I met with the Baylake Bank Tall Ships committee and the Tall Ships will be stopping in Sturgeon Bay August 3, 2016. The Norwegian Tall Ship, Draken Hårald Hårfagre will be here. Our plan is to be stationed by that ship, welcoming them, waving the Norwegian flag and also selling the flags to enhance our Scholarship Fund.

Put this, too, on your calendar and plan to join us. More info later.

Norwegian Corner

Did you know that UFF-DA was a multi-purpose word? Meaning:

Oh, that's awful!

Oh dear. I dropped it!

Bad hair day!

I just stepped in something!

Etc., etc.

It's a fun Norwegian word to use. Enjoy!

L.Selvick

Look forward to seeing you.

Lorraine Selvick, Pres.



Sons of Norway Mission Statement: The mission of Sons of Norway is to promote, preserve and cherish a lasting appreciation of the heritage and culture of Norway and other Nordic countries while growing soundly as a fraternal benefit society and offering maximum benefits to its members.

Birthdays Committees News Bits

MAY

- 10. Mary Ann Johnson
- 15. Nancy Bontempo
- 19. Roy Jilburg
- 21. Gerald Tallackson
- 23. Jola Gray
- 28. James Bartholomew
- 31. Donald Berns

JUNE

- 2 John Stevenson
- 11 Rita Brandt
- 11 Daisy Lewis
- 13 Mona Orthober
- 15 Karolyn Holz
- 22 John Moen
- 23 Dorothy Anderson
- 23 Martin Johansen
- 28 Donald Overby



KALENDERAN

MAY

Syttende Mai has traditionally been held as a very important day in Norwegian culture and our lodge is fortunate to have a native-born son, Marcus Admunsen Trana share his experiences with us at our May 10th meeting. We also look forward to having a **NOON POTLUCK** at BVLC that day. The committee asks that we all bring a Scandinavian dish to pass and wear our Norwegian sweaters. Come early to visit and socialize with friends at 11:30AM. Good food, good friends-nothing better!



JUNE

It's Fish Boil time once again! The June committee has always done such a terrific job and we all look forward to getting together over such a great, Door County special meal like this. The fish boil will take place at Pelletier's, June 14 at 5:00PM. Please call Peggy/Arne Odegaard, 920-743-9348 or Lorraine, 920-743-9600 for reservations.

GRATULERER MED DAGEN!

JUST FOR FUN!

Norwegian Computer Terms

Log on: Makin' da vood stove hotter!!

Log off: Don't add no more vood!!

Download: Getting' da vood off da truck!!

Ram: Dat ting dat splits da vood!!

Windows: Vat yew shut ven it's cold outside!!

Screen: Vat yew shut ven it's mosquito season!!

Laptop: Vere da kitty sleeps!!

Keyboard: Vere yew hang da keys!!

(It's no wonder I have computer problems! I didn't have these definitions to help! UFF DA! CM)

(Email from Dawn Augustson, Baylake Bank @ Tall Ships)

"Sturgeon Bay Parade of Sail is August 3, 2016. The ships will muster outside of the Sturgeon Bay Coast Guard Station approximately 4:00 PM. (weather dependent) The Parade of Sail will then proceed through the canal to downtown Sturgeon Bay to dock overnight before heading to Green Bay. The Draken Hårald Hårfargre is **NOT** one of the Sailaways due to regulations and we won't know what time she is leaving until the Captain decides. We also won't know exactly where ships are docking, although we may get an idea close to the event. At past events, even the planned spaces ended up changing as they were docking, based on needs."

A SNEAK PEAK!

www.drakenexpeditionamerica.com

The Vikings left almost no record of how they built their ships and how they sailed them. There are many who have tried to recreate Viking ships, some of them are replicas of the ships which have been archaeologically found and some of them are inspired from Norse sagas. **Draken Hårald Hårfagre** is built with inspiration from the Gokstad ship, the ships mentioned in the sagas and from knowledge of traditional boatbuilding tradition.

Draken Hårald Hårfagre is 35 meters long, 8 meters wide and the mast reaches 24 meters. She is sailed with a 260 square meter large sail and rowed with 25 pairs of oars. During the trail sailing the summer of 2014 she reached a top speed of 14 knots! When sailing expedition America, she will be crewed by 32 skilled sailors.” (It will surely be a wondrous sight to see her coming into Sturgeon Bay, August 3, 2016! More info will be available as the date approaches!)

Excerpt from Sons of Norway #5-593 Elvesund, Forest Park, IL. May-June 2013)

For more than 150 years, Syttende Mai has been celebrated as a salute to tolerance and national unity. The day is truly a declaration of love to Norway’s most important values of peace, freedom and equality. But how was the day celebrated during the German occupation?

The German authorities were quite clear over what this democracy-oriented national holiday meant for Norwegian loyalists, and put in place measures to fight and punish any rabble-rousers.

On the first Syttende Mai after the German invasion, all celebration or display of the flag was banned by the Germans. The flag was used as a visual protest against the occupation, so the Germans kept issuing new orders to solve the problem. Singing the national song was forbidden, and any flags had to be hidden away.

In 1941, Syttende Mai was declared to be a normal workday in Norway, but it was nonetheless decided to allow flags to be flown from poles, but not at half mast, as many Norwegians decided to do as an expression of the country’s tragic situation under German rule. Afterwards, the Germans instituted dozens of new restrictions on the flag. In effect, it became forbidden to carry or wear the flag or its colors. In larger cities, this mean that Syttende Mai was most commonly commemorated indoors. As the Germans enacted more and more restrictions, people started using subtler symbols like paper clips and nisse hats.

It comes as no surprise then, that the Syttende Mai celebration of 1945-just a few days after the German surrender-became an explosion of joy in the national colors in those feverish spring days. (Translated and adapted from [http:// www.nr.no/magasin/17_mai/1.2317821](http://www.nr.no/magasin/17_mai/1.2317821).) Joy and gratitude swept through Norway and for several days, the people celebrated. Never before had Syttende Mai been cele-

brated with such vigor as in 1945.



Did you Know?

Think you know everything there is to know about Norway? Test your knowledge with these unique facts.

1. Norway introduced salmon sushi to the Japanese in the 80s. It may seem hard to believe that what is now a staple ingredient in sushi, was actually the result of a successful seafood export initiative called “Project Japan” from the Norwegian seafood delegation in the late

2. Norway knighted a penguin. The result of a unique and long relationship between Hans Majestet Kongens Garde (His Majesty The King’s Guard) and Scotland’s Edinburgh Zoo, Sir Nils Egelien, a king penguin, was knighted by British Maj. Gen. Euan Loudon with the king’s sword on behalf of H.M. King Harald V in 2008. A citation from the king read aloud at the ceremony described Nils as “in every way qualified to receive the honor and dignity of knighthood.”

3. 8.2% of people in Norway eat tacos every Friday. Forget about “taco Tuesday,” according to a study conducted by VG in 2012 400,000 Norwegians take part in the cultural phenomenon of “fredagstaco,” enjoying tacos as their Friday dinner of choice.

4. Norway experienced a butter crisis in 2011. A combination of low milk production and high demand led to a butter shortage and price inflation, causing a single 8.8 oz. pack of butter to cost \$50.

5. The red sky in Edvard Munch’s “The Scream” is likely attributed to the eruption of the Krakatoa volcano in Indonesia. Using Munch’s own journals to pinpoint the site that inspired the artist as well as known astronomical phenomena in the period, researchers connected the 1893 eruption to the blood-red sky described by Munch and depicted in his painting.

6. The Norwegian government purchases 1,000 copies of all qualifying books and 1,550 children’s books published in Norway to distribute them to libraries. Arts Council Norway funds the endeavor to lend support to small publishers and writers.

7. King Olav V of Norway often drove himself and used public transportation. Known as the “People’s King,” the late King Olav V enjoyed driving his own car in public lanes without escort. In a show of support for his countrymen who were encouraged to use public transportation during the oil crisis in 1973, he famously boarded a public train by himself, carrying his own set of skis and paying for his own ticket.

Celebrating Midsummer

Is your family ready for Midsummer? The June 23rd holiday is a prime opportunity to bring a little Norwegian culture to the middle of summer. What started as a pagan celebration to wake up the ground after winter has now grown into a full celebration complete with its own traditions. Here are a few of our favorite Midsummer customs that you can easily bring into your household!

At its heart, Midsummer celebrations are about connecting with the outdoors. In the past, girls would pick wildflowers and put them under their pillows at night in hopes of future good luck. Your family can easily adapt this tradition to today by taking a hike outside to enjoy a break from the normal hustle and bustle of modern life.

In another Norwegian tradition, many homes are decorated with flowers and plants gathered from the day’s hike. Decorating your own home with plants gathered with your own family is a fun way to get the whole family involved in a popular Norwegian custom – just be careful about which plants you’re gathering!

A good Midsummer celebration has to include a bonfire. In preChristian times, bonfires were thought to awaken the Earth after its winter slumber. Today they’re a great way to bring the family together and bridge the gap between Norwegian and American customs. Just like here, many Midsummer bonfires in Norway include hot dogs and s’mores, something that will likely be a big hit with your family at home. However, good food is always popular and Midsummer is no exception. Don’t be afraid to incorporate other Norwegian recipes into your celebration, too. The online Recipe Box on the Sons of Norway website is a great place to start.

Finally, once you have the family together around the bonfire and you’ve had your fill of food, share some Norwegian folktales. Tales of Viking adventures or trolls make for great bonfire tales and could spark an interest in your kids’ Norwegian roots. The Members’ Section of the Sons of Norway website is a great place to start your search for bonfire stories!

However your family celebrates Midsummer, make it a special

Norway Announces Plan to Create Bicycle Expressways

Norway has announced its plan to spend NOK 8 billion (almost \$1 billion) developing bicycle expressways in nine of its largest cities. This plan is part of a larger national transit initiative to reduce pollution in Norway and cut greenhouse gas emissions in half by 2030.

The bicycle expressways will serve as commuter tracks linking the outer suburbs with the downtown areas where many people work. The purpose of the project is to help increase the amount of bicycle commuters and diversify transportation in the larger cities. These extensions will make commuting from the countryside possible by connecting the city biking networks with the suburbs. These expressways will allow cyclists to maintain a consistent pace and reach speeds of 30 - 40 kph (approximately 17-25 mph), making the longer commutes from the suburbs to the cities easier to manage. The tracks will also only be accessible by bicycles and electric bicycles, so commuting will be much safer and more efficient with the absence of cars.

10 two-lane tracks in and around Norway's nine largest cities have been proposed in the National Transport Plan. The Oslo area will get two expressways, while eight other major cities will receive one, including: Bergen, Trondheim, Nord-Jæren, Nedre Glomma, Buskerudbyen, Grenland, Kristiansand and Tromsø.

Because of Norway's mountainous landscape, cold climate and inclement weather conditions, there is some opposition to the project. Some of those opposed claim that Norway's climate and landscape could create unrealistic cycling conditions, especially during the winter months. However, proponents believe that the expressway project is a positive step toward Norway's transition away from high-emission forms of transportation. And, if they're successful the expressways could help reduce pressure on other

heavily-used transportation systems such as roadways and public transit.

Although bicycling only accounted for 5 percent of daily transportation usage in 2014, Norway is looking to increase this number to have bicycling account for 10-20 percent of all daily trips in the nine major cities where the expressways have been proposed.

Reminder for Syttende Mai on May 10
@ Bay View Lutheran Church
(See page 2 for more details)

Sugar Cookie Dessert Pizza Adapted from allrecipes.com,

yields 10-12 servings

- ½ cup butter, softened
- 1 large egg
- 1 tsp cream of tartar
- ¼ tsp salt
- ½ cup sugar
- ¼ tsp salt
- ½ cup sugar
- 1¼ cups all purpose flour
- ½ tsp baking powder
- 1 package of cream cheese
- 8 oz whipped topping, thawed
- ¼ cup confectioners' sugar
- assortment of favorite fruits

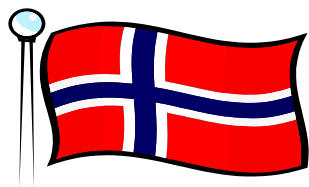
Tips: Arrange your favorite red and blue berries on top of the pizza to make a festive flag design for Syttende Mai! Pressed for time? Instead of making the cookie crust from scratch, substitute prepackaged sugar cookie dough.

Preheat oven to 350 degrees F. Cream together butter and ½ cup sugar in a large bowl until smooth. Add egg and mix. In a separate bowl combine flour, cream of tartar, baking soda and salt and add to creamed mixture until well blended. Press cookie dough into an ungreased pizza pan*. Bake for roughly 8 to 10 minutes or until lightly browned. While the crust cools, beat cream cheese, whipped topping and ¼ cup confectioners' sugar and vanilla until light and fluffy. Spread on cooled cookie crust. Cut crust into desired serving portions. Add fresh fruit to the top of the crust, making sure excess liquid is removed from fruit beforehand. Chill until ready to serve.

*Double crust to make a 9"x13" dessert pizza.

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Address Service Requested



Sons of Norway
May & June 2016



***Celebrate Midsummer with H R Holand at
our Fish Boil @ Pellitier's in Fish Creek on
June 14. * See page 2.***

***Reminder to Lodge Board members:
Next Board meetings are: May 2 and June 6***