



# Nordkapen

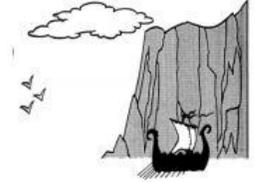
**Nordkap Lodge 5-378 - Sons of Norway**

The North Cape 71° 10' 21" North Latitude – The Top of Europe

A Congenial Society of Sons, Daughters and Friends of Norway

Organized August 10, 1929 – The first Sons Norway Lodge in Michigan

<http://www.DetroitNorwegians.com>



## NORDKAP CALENDAR

**Saturday, April 22 – 7 - 9 p.m.**  
**Movie Night**  
**The Swedish Club**

**Sat., May 13 – 11 a.m.**  
**Norwegian Constitution Day**  
**The Swedish Club**

**Sunday, Oct. 22 – 4 p.m.**  
**Members Gathering**  
**The Swedish Club**

### Nordkap 2023 Officers

**President:** Haley Vingsness

**Treasurer & Scholarship Chair:**  
Carmen Collins

**Secretary:** Mary Morehead  
**Membership Secretary**

**& Sunshine Director:** Carol Jehle  
**Social Director & Greeter:**

Eli Viik Steyskal

**Co-Cultural Directors:**

Karen Herche & Magda Pecsénye

**Sports Director:** Cathy Johnson  
**Co-Youth Directors:**

Yana Thompson & David Thompson

**Foundation Director:**

Derrick Hendricks

**Co-Store Directors:**

Natalie Vaal & Dennis Flessland

**Editor & Publicity Director:**  
Louise Giles

**Counselor:** Bob Giles

[Nordkap@DetroitNorwegians.com](mailto:Nordkap@DetroitNorwegians.com)

**Call and leave a message at**  
**248-919-8355**

**Photos by Bob Giles,**  
**unless otherwise indicated**

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**Norwegians in Michigan**

[https://www.facebook.com/groups/  
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April/May 2023

Volume 93 Issue 3

## ***Take in a Movie with Us on Saturday, April 22***

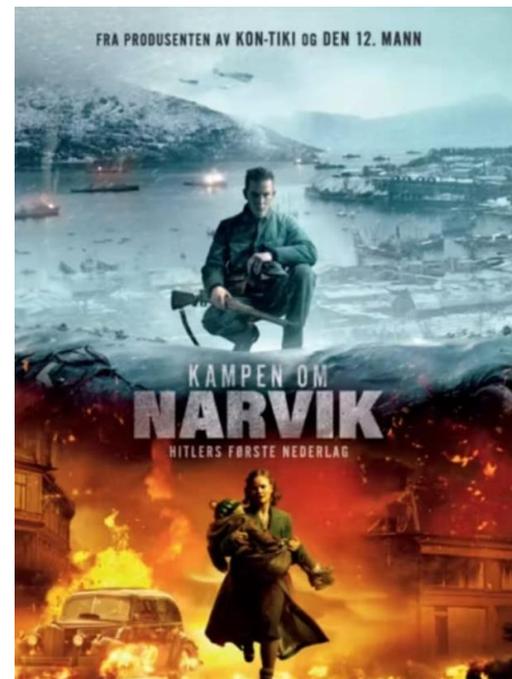
You're invited to a special movie screening Saturday, April 22, when Nordkap will present the Norwegian film *Narvik* at the Swedish Club.

**Join us from 7 to 9 p.m.** to enjoy the film with popcorn and other snacks. Nordkap will supply the popcorn.

**Movie-goers are invited to bring other favorite snacks to share and to BYOD--bring your own drink of choice.**

*Narvik* is a Norwegian drama set in the spring of 1940 as Hitler's forces advanced across Europe. It follows the young Tofte family through a conflict over Narvik, a port city that served as an important strategic hub at the start of the war – and was the site of Nazi Germany's first military defeat.

The Swedish Club is located at 22398 Ruth Street, Farmington Hills, Michigan.



***See Plans for Syttende Mai Celebration, p.3***



## **GRATULERER MED DAGEN!**

### **April Birthdays:**

Catie Hart, Laura Howe, Duane Kirking, Annette Lundberg, Constance Pike, Emma Skidmore, Riley Skidmore, Margarita Thompson, Mary Tornquist, Wade Tornquist

### **May Birthdays:**

Arne Borgnes, Sarah Duffy, Charlotte Duus, Myrtle Ebert, Emily Eelnurme, Thomas French, Margaret Haines-Hahr, Joseph Hart, Marilyn Kirking, Norman Kirsch, Kathleen Hanlon-Lundberg, Zachary Marko, Ralph Pedersen, Jan Persson, Nancy Redilla, Gail Ritchie, Laura Roed, Lynn Rose, Susan Schotts, P. J. Smith, Donald Wang



## ***Last Chance to Turn in Stamps for Charity***

**If you are holding onto used postage stamps** for Nordkap to contribute to charity, your last chance to turn these in will be April 22 at our Nordkap Movie Night at the Swedish Club. If you don't plan to attend Movie Night, you can make alternate arrangements with Carol Jehle, who formerly handled our Tubfrim donations. Contact Carol at [jehlecarol@yahoo.com](mailto:jehlecarol@yahoo.com) or (248) 626-2148.

As reported in our January issue of Nordkapen, Tubfrim--the Norwegian organization that collected used stamps for charity--has shut down its operations. Among the reasons given were a drastic decrease in the amount of collected stamps and negative prospects for continuing to produce a profit.

**In the past, we accepted the stamps** saved by our members and forwarded them to Tubfrim via our Sons of Norway Fifth District. This was done at no cost to us.

However, with the closing of Tubfrim, our District is no longer involved with collecting stamps. The District has told lodges that want to continue to donate stamps to find a domestic charity that takes them and to assume all costs for shipping.

**Nordkap will make one final contribution** to a domestic charity with any stamps received by April 22. We thank all who so generously supported our charitable efforts for years by collecting and donating used stamps!

### ***Applying for a Scholarship? Do So by June 30***

All college-bound students looking to qualify for a Nordkap scholarship should be preparing their applications now to meet our June 30 deadline. **Applications must include two current letters of recommendation, written within the last year.**

See <http://www.detroitnorwegians.com/scholarship.html> or request an application from scholarship chairperson Carmen Collins at [skicarmen@att.net](mailto:skicarmen@att.net).



## ***We'll Celebrate Constitution Day May 13 – but only with Your Help!***

**It's arguably the biggest holiday celebration in Norway** and probably the grandest for our lodge—Norwegian Constitution Day, aptly compared to our American 4th of July. The event celebrates the signing of the Norwegian Constitution in Eidsvoll, Norway, on the 17th of May 1814.

Nordkap plans to mark the 209 anniversary of Norway's Constitution this year on Saturday, May 13, with our traditional celebration at the Swedish Club at 22398 Ruth Street in Farmington Hills. But we can do it only with your help!

**We have plans for great food, music, and entertainment, but we need volunteers to help make them happen. If you haven't volunteered before, this is your chance to do so!**

The event is set to begin at 11 a.m. when the Swedish Club opens with Norwegian food imports and gift items for sale. The parade around the clubhouse steps out at 11:30 p.m. with Scandinavian musicians and flag bearers leading the way.

We'll fly the Norwegian flag, sing the Norwegian national anthem, turn out in "bunads"—Norway's national dress—and hear greetings from Norway's honorary consul to Michigan, **Dennis Flessland**.

Next, we'll enjoy Scandinavian music, picnic foods, and Norwegian heart waffles as we prepare for the games. Among the games, Nordkap's own Cod Toss Tournament will challenge contestants to throw frozen fish for distance. There will also be special games for the children. A complimentary dessert and coffee buffet will follow the games.

**Admission is \$5 payable at the door.** Children 5 years of age and younger are free. This includes pølse (hot dogs), chips, soft drinks, Norwegian heart waffles with jam and sour cream, and desserts. Please consider bringing a favorite Norwegian dessert to share at the dessert buffet. You can also shop at our general store stocked with imported Norwegian food, books, and Norwegian flags. Events will conclude by 3 p.m.

**It's a lot to do, and our officers can't do it all.** We need you to volunteer, and it's fun to be a team member and work with others. Call or email the co-chairs of our celebration today to let them know that you'll help:

- **Haley Vingsness** at 906-231-9246 or [haleyvingsness@gmail.com](mailto:haleyvingsness@gmail.com)
- **Carol Jehle** at 248-626-2148 or [jehlecarol@yahoo.com](mailto:jehlecarol@yahoo.com)



*Bunad wearers at 2022 event*

***We appreciate Our Volunteers!***

**Volunteers are not paid because they are worthless, but because they are priceless.**  
*Unknown*

**Volunteering is not a choice, it's a responsibility.** *Unknown*



## ***A Letter from President Haley Vingsness:***

**Hei! I hope this letter finds you well** as we approach the Easter holiday. Many of us share similar cultural traditions, including that of reading crime novels during Easter. Legend has it that this tradition started because of a well-timed marketing campaign in Norway in the late 1920s. Since then, it has become a beloved tradition for many Norwegians to curl up at their hytte with a thrilling crime novel during Easter, known as "Påskekrim" or "Easter Crime."

**However, if you're in the mood for something different this year,** why not consider a movie instead? *Headhunters*, or *Hødegjerne*, is a thrilling

Scandinavian noir movie based on the popular Jo Nesbø novel. It's a gripping film about a headhunter (company recruiter) who moonlights as an art thief. He gets in over his head, and you'll be at the edge of your seat for the entire 1 hour 40 minute runtime.

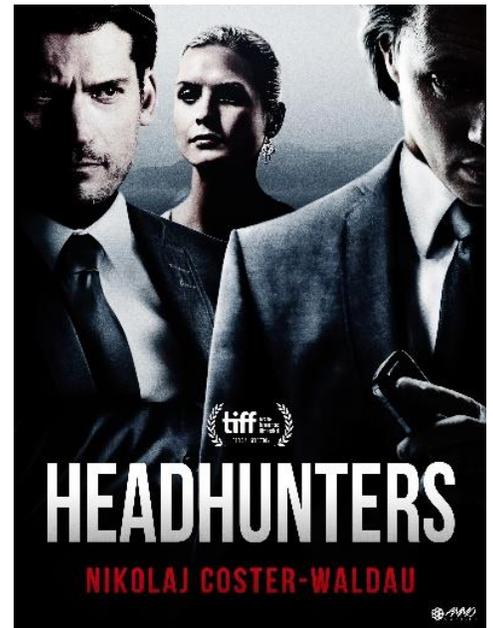
*Headhunters* is available for streaming on Paramount+ and stars Aksel Hennie and Nikolaj Coster-Waldau of *Game of Thrones* fame. Another option is *I Onde Dager* or *The Trip*, a 2021 dark comedy film available on Netflix. It's a hilarious combination of physical comedy and slasher horror, in the classic style of Norwegian director Tommy Wirkola, who you may remember from *Violent Night* and *Dead Snow*. Although not a classic noir-style Easter crime story, this tale of an attempted murder gone horribly wrong will surely bring some laughter to your holiday. Both films are in Norwegian, with the option of English dubs and subtitles.

**Speaking of movies,** don't forget that our club has a movie night coming up on April 22nd! It's a perfect opportunity to gather with fellow members and enjoy some Norwegian cinema together. I'm really looking forward to it.

Whether you choose to read a crime novel, watch a movie, or indulge in your own creative endeavors, I hope you have a wonderful time celebrating the holiday in your own special way. (Personally, I'm hoping to finish my Christmas paint-by-number painting before Easter.)

**God påske!**

**Haley**





*Nordkap bowlers and “Viking Cheerleaders” assembled at Country Lanes*  
***Scholarship Fund Grows with Money from Bowling Fundraiser***

Our bowling fundraiser for the Nordkap Scholarship Fund was a source of great fun for families and some lodge members we haven't seen for a while. Altogether we had 17 adult bowlers, 5 child bowlers, and 12 “Viking Cheerleaders” at Country Lanes Bowling in Farmington Hills on March 19.

**Most importantly, the event raised just over \$500 for the scholarship fund.**

**Mike Jehle** was the top man bowler scoring a total of 314 in two games. **Stacey Torgerson** was tops among women with 275. Both received bags of salt water taffy from Louise Giles. **Sarah Duffy** also received a bag of taffy for bringing the largest team of bowlers: her children Sarah and Kevin and two international exchange students—one each from Madrid and Milan.

Many thanks to organizer **Bob Giles** who worked long and hard to find Country Lanes for this year’s event, after the bowling alley we used to use said it was no longer taking reservations. And special thanks to **Natalie Vaal**, who brought homemade cupcakes for everyone, which were enjoyed with the pizza and pop.



*Photos clockwise, from top right: Louise Giles presents prizes to Mike Jehle and Stacey Torgerson; Sally Duffy enjoys pizza and one of Natalie Vaal’s cupcakes; a Viking cheerleader oversees the bowlers.*



*(More photos next page....)*

*(Bowling, continued from previous page)*



*Haley Vingsness celebrates a strike.*



*Carmen Collins is ready to bowl.*



*Bowler Olivia Vaal high-fives Janet Flessland.*



*Another strike for Dan Nelson!*



*Rick Aardal celebrates with "Viking Cheerleader" Bryant Clary.*

## ***Cross-Country Skiing Event a Hit—but Après Ski even Better!***

Nordkap's cross-country skiing event in Brighton at the Huron Meadows Metropark in February was a good time for all who participated. The only downside was no one skied!

**The weather was fair enough.** The park had some snow, and Bucks Run, a 1.5-mile ski loop, is refreshed with snow guns. So it would have been possible to ski.

Youth Director David Thompson came with his skiing equipment and, as promised, stood ready to help anyone needing instruction.

However, the only other members who came in support of the event were Bob and Louise Giles, and they no longer ski.

Nevertheless, the three enjoyed each other's company and had a good conversation in the ski center while keeping an eye out for other members during the two hours when our lodge was to ski.

**As the clock ticked off** the final minutes--and no one came--the three drove to the designated après-ski location, Brewery Becker in Brighton.

There they joined Karen and Lynn Herche and Magda Pecsénye who had opted for the alternative given our members--to skip skiing altogether and meet up at the brewpub to try out the ales, lagers, and delicious food choices.



***Nordkap's 'Ski Team' (lt. to rt.):  
Bob & Louise Giles and David Thompson***



***'Après-ski Team' (lt. to rt.): Karen Herche, David Thompson,  
Magda Pecsénye, Bob and Louise Giles, and Lynn Herche***



## ***We're Hiking Again—Join Us on May 20th***

**Once again, our Recreation Director Cathy Johnson** is leading a nature hike at one of her favorite haunts—Kensington Metropark, a veritable Garden of Eden of forests, wetlands, and lakes.

This hike at 9 a.m. on Saturday, May 20th, is timed with the hatching of new chicks at the Great Blue Heron Rookery on the island in Wildwing Lake.

No two hikes at Kensington are ever the same, so even if you've been there before, you're sure to see something new. Cathy will meet you at 9 a.m. in the Nature Center parking lot, just inside the park.

**If you're driving to the park via I-96, take exit 151 – the westernmost park entrance --for the fastest way to the Nature Center.**

There's a single-day entrance fee of \$10, unless you have a 2023 Metropark pass, where it's included.

Park hours are 6 a.m. – 10 p.m. The Nature Center building is open from 10 a.m. – 5 p.m. on weekends and has various exhibits to explore and rangers on staff to answer your questions.

**This event will take place rain/snow/sunshine** – we are Norwegians after all! If you have questions, contact Cathy Johnson: [cjmichigan@comcast.net](mailto:cjmichigan@comcast.net) or 248-961-0326.



***Blue Heron (Cathy Johnson photo)***

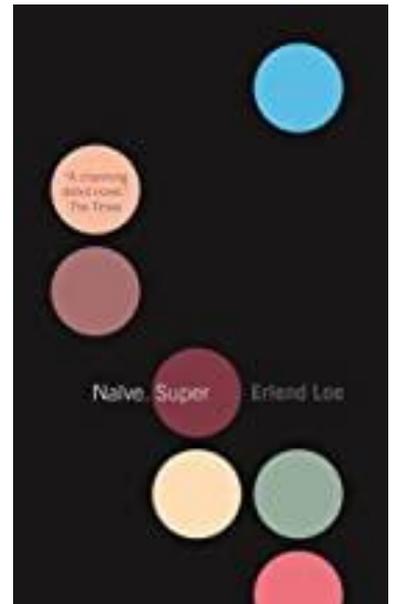
## ***Nordkap Book Club To Discuss Final Selection***

The next meeting of the Nordkap Book Club is Sunday, April 16, on Zoom at 7 p.m. , with Co-Cultural Director **Magda Mecsenye** leading the discussion.

The club is currently reading five works of fiction by Norwegian authors and will review the final selection, *Naïve. Super* by Erlund Loe.

This is a funny, short book about a young man who drops out of college to find the meaning of life and makes some questionable decisions.

The book has been favorably compared to J.D. Salinger's *The Catcher in the Rye*.



## ***Sample a Swedish Midsummer This Year***

**At Nordkap's Constitution Day celebration** on May 13, you will be able to purchase advance vouchers for the Swedish Club's celebration of the Midsummer holiday. The vouchers will be available from Swedish Club President Dan Nelson.

The Swedes' Midsummer event will kick off between 11 a.m. and noon on Saturday, June 24, at their clubhouse at 22398 Ruth Street in Farmington Hills. It will include Scandinavian music, a beer and wine tent, a buffet luncheon, and traditional singing and dancing around a Maypole festooned with fresh flowers.

The luncheon will be a typical Swedish Midsummer spread, normally with meatballs, potatoes, and other fixings. The price is \$10, not including beer and wine. Children 15 and under are free.

**Your purchase of an advance voucher for \$10** will help the Swedes estimate attendance and how much food to prepare. Vouchers would be evenly exchanged for tickets at the event on June 24.



***Swedish Club photo***

## ***Five Trips En Route to 50 for Crown Prince & Princess***

***From Sons of Norway newsletter service***

This summer Norway's Crown Prince Haakon and Crown Princess Mette-Marit will both turn 50. They will mark their special year with five trips to various parts of Norway, each excursion highlighting a different theme.

In February, Haakon went on a business trip to Stord in Vestland. At the end of March, the pair visited the towns of Vinje, Telemark, and Bykle in Setesdal. First they spent time at the Raulandsakademiet in Vinje, an institution of Norwegian folk tradition and artisanship. Crown Princess Mette-Marit was given a pair of hand-embroidered monogrammed mittens while Crown Prince Haakon received a harmonica.

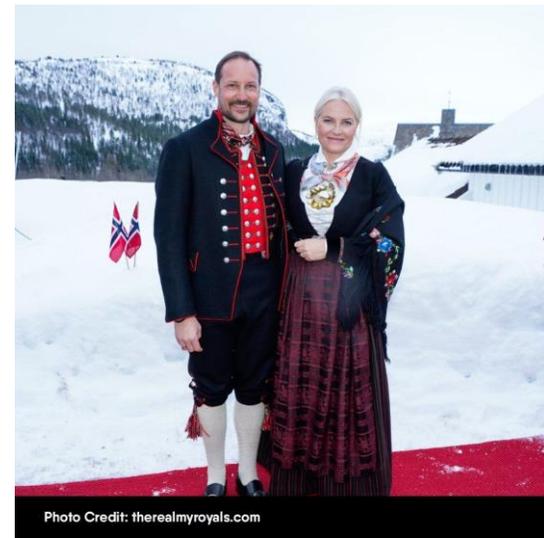


Photo Credit: therealmyroyals.com

Hovden Ski High School was next to play host. The crown prince pair love to be active in nature and took in a mountaintop view with students and teachers. After a chat at 3966 ft over vafler and a bonfire, the crown prince returned on back-country skis. That evening, the royals were treated to a concert in the old Bykle church, dating back to the 13th Century. The unique music and dance traditions from Setesdal were recently added to the UNESCO list of intangible cultural heritage.

Other destinations are Finnmark in April to connect with Sámi culture and Træna, Nordland, in May, to embrace maritime life. In August they'll throw a joint birthday bash at the Palace gardens. Asked how it feels to be turning 50 soon, the crown prince replied: "Det er fint, det."— "It's nice."

## NORDIC HERITAGE FOLK DANCE PRACTICE

**GOAL:** To have fun while preserving our Danish, Finnish, Icelandic, Norwegian and Swedish culture through folk dancing.

**FOR:** Everyone who would like to have fun learning basic steps and simple dances from the Nordic countries along with more complex dances for the experienced folk dancer.

**AGES:** 6 - 100

**WHEN:** Sunday, May 21, 2023

**WHERE:** Finnish Center Association  
35200 W. Eight Mile Rd.  
Farmington Hills, MI

**TIME:** 2:00 - 5:00 pm

If you have any questions please email Glendene Thornbloom at [gathorn4@gmail.com](mailto:gathorn4@gmail.com) or the FCA at [finnishcenter@gmail.com](mailto:finnishcenter@gmail.com)

Sponsored by the FCA Cultural Committee



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**NORDKAP LODGE 5-378**

**c/o Louise Giles**

**Box 1198**

**Royal Oak, MI 48068**