



Vennelag Lodge 5-513

## Ord fra Presidenten:

**Tables!!!** They are all around us: pool tables, patio tables, picnic tables, and the list goes on! In just a few short weeks, Vennelag members will be setting the tables at the Community Center once again and we will be welcoming the public to our summer Kaffe Stue or "coffee room" luncheon.

Much preparation has already occurred and I thank YOU, our members, for the willingness to bake or cook foods and for your willingness to make the Kaffe Stue a memorable event for the guests. By providing this experience, our Lodge is able to meet one of the goals of the International Lodge...to promote and preserve the heritage and culture of the Nordic people. The joy of this activity comes from the comments we receive. Many attendees remember enjoying these foods from their childhood. Some people were not taught how to make the foods, and some simply do not have the time to bake goods from scratch in our busy, fast-paced society.

Our proceeds will be used for operating expenses such as paying the Village for space rental. We are also able to make local donations to worthy causes such as the Optimist Auction, the Giving Tree or to make donations to the area food pantry. In addition, proceeds will also be applied to community projects such as funding academic high school scholarships and youth scholarships to Masse Moro, District 5's Heritage Camp for children ages 9-15.

*Cheryl*

Enjoy your summer, renew, refresh, and reenergize!



### Advice from a Dragonfly

Spend time near the water

Be colorful

Enjoy a good reed

Zoom in on your dreams

Just wing it!

(Ilan Shamir)

## Come check this out:

Destinee Udelhoven, from the Mt. Horeb Area Historium, has extended an invitation for Vennelag members to visit the museum to see the newly completed exhibits room. Her staff will be offering a personalized introduction to the facility as well as a "behind the scenes" tour. We will be shown the climate-controlled storage area where items await their day in the limelight. Please mark your calendar and plan to join Destinee on Wednesday evening, Aug. 8 at 6:30 pm for this enlightening tour of the museum.

\*\*\*If you are a Vennelag Board member, our meeting will commence following the tour. We will meet in the Historium Board Room.\*\*\*

**The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to our members.**

[www.sonsofnorwaymthoreb.org](http://www.sonsofnorwaymthoreb.org)

Cheryl Wille-Schlesser, President  
Phone: 608-219-4464  
Email: [rogcher@mhtc.net](mailto:rogcher@mhtc.net)

Carolyn Johnson, Vice President  
Phone: (608) 424-3149  
Email: [cmj@chorus.net](mailto:cmj@chorus.net)

Arlene Watrud-Krueger, Editor  
Phone: (608) 836-7450  
Email: [akrueger@chorus.net](mailto:akrueger@chorus.net)

Greg Ragan, Financial Benefits Counselor  
Phone: (800) 442-4146  
Email: [gregagan@aol.com](mailto:gregagan@aol.com)

## Velkommen to our new members:

April: Julie Landmark  
Anna Olson  
Orville Olson

May: Ronald Goplin  
Debra Goplin  
Mary Stamm

## 2018 Syttende Mai lodge events:

Preparations for celebrating our Norwegian heritage began with the clean-up of the Viking boat.



Allen Watrud, Jean Grindle, Aldeen Fjelstad, Mary Krantz, Arlene Watrud- Krueger



Special appearance by: Harley Skjervem and Tiffany Schwoerer



### \*\*\*\*\*LET'S FILL DA BOAT! \*\*\*\*\*

Allen Watrud has presented our Lodge with another opportunity to share the Sons of Norway spirit!!! Our float has been entered in the Middleton Good Neighbor Fest parade where we will showcase our love for all things Norsk!!! Join us in Middleton on Sunday, August 26<sup>th</sup>.

Please plan to be in the float staging area by 11:45 am. We sail at 12:30 pm. When the exact location is known, it will be shared with you via an e-blast.

Mange takk til Harley Skjervem for volunteering to be the ship's captain and our dragon master!

### TUBFRIM

Save used stamps and expired or used phone cards for Tubfrim to help disabled children and youth in Norway. Cut leaving about ¼ inch around each stamp on all sides. Bring them to a lodge meeting.

Syttende Mai cont.



Carlyce Skjervem      Lora Lee      Karen Rebholz

The Ladies of the Fjord treated us to a wonderful and memorable performance on their Hardanger fiddles. We heard *bygdedan* tunes, country dance tunes and traditional Norwegian wedding tunes and the history of some songs played, as they had connections to family of Lora Lee. It was fun to watch their fingers fly over the fingerboard and to learn some of the characteristics of the Hardanger fiddle.



Eric Albrecht joined in the celebration with a violin solo.



Proud Norwegian heritage was shown in the beautiful bunads worn by our members that represented various regions in Norway.

WELCOME.....



Kristin Vike-Steinich, D.C.

Born and raised on a dairy farm near Stoughton, WI., Kristin was a Stoughton Norwegian Dancer in high school. She had the great opportunity to tour in Norway with the Dancer Program the summer of 1998, following her graduation from Stoughton High School. Kristin graduated from college in 2002 with a Bachelor Degree in Biology and Chemistry from the University of Wisconsin-La Crosse. Her Doctorate of Chiropractic degree was awarded from Palmer College of Chiropractic in Davenport, Iowa in 2006.

The Vike-Steinich Chiropractic office opened in Mt. Horeb in 2015; she had previously worked for the Gonstead Clinic for 8 years. She lives in Mt. Horeb with her husband Bob, daughter Katrina (12), daughter Addison (9), son Easton (6) and youngest son Jaxson (4). She is active in the Mt. Horeb Area Chamber, the Optimist Club and her church. She is also the coach for Mt. Horeb 3<sup>rd</sup> and 7<sup>th</sup> grade girl's basketball leagues, as well as coaching the Mt. Horeb Middle School girls basketball for the last 12 years. She has been helping teach chiropractic with the Gonstead Seminars around the United states for 10 years. Believe it or not, Kristin also holds a Sons of Norway membership, and we are thrilled to have her among the "Circle of Friends!"



# CONGRATULERER Eric Albrecht!!!!



Eric Albrecht, a Vennelag youth member, received the 2018 Vennelag High School Scholarship at the Mt. Horeb High School Scholarship program on May 23<sup>rd</sup>. Gifted in music, Eric plays a variety of instruments. In his church, he plays bells and sings in the choir and has been our Lodge musician for several years. Eric will be attending the U.W. Madison this fall. His exact career path remains undecided but his plans are to study in the health care field. Lykke til, Eric, as you begin this new chapter in your life!

I would like to thank all of the students who applied for a Vennelag scholarship this year. Please be aware that students also have access to additional scholarships through the financial arm of the Sons of Norway at [www.SofN.com](http://www.SofN.com). Set up an account with a username and password. Follow the top ribbon across the page to the word "Foundation". Click on the word. A dropdown menu will appear. Select scholarships to see the complete list available. Please note that there are specific due dates for each entry.

## DRUM ROLL..... The results are in from the Sons of Norway garage

sale held in late April. The weather was cool but no rain this year! A grand total of \$1,025.00 was raised for Vennelag Lodge. Thank you to the many members who promoted the sale in any way, contributed sale items, gave monetary donations, helped organize the sale, volunteered at the sale, brought food for the lunches, cleaned up on Saturday, and/or hauled items after the sale.

Barb Morkri's plants were a hit again this year so keep that in mind for next year's garage sale.

Left over items were donated to St. Vincent de Paul in Verona and to the Senior Center for Bingo prizes. Children's books were donated to a church to be included with a meal for homeless or needy children. Clothing was donated to the New Glarus Shelter for Women. Your donations make a difference for others.

**Thank you** to Rita Schraepfer, who hosted the sale and contributed many hours of preparation before, during and after the sale. This was the fourth year the garage sale has been held at Rita's house. We are looking for a new location for next year's sale. Please remember that the garage sale is a great way to "pass on" items you no longer use but are of use to others, are donated throughout the community and raise money for our Lodge, AND, it is also a great time for fellowship. Well Done!!



**\*\*\*NOTICE:** We are in need of towels that are used in the kitchen! We will need a LOT of them when Kaffe Stue is here, so check around your house and see if you have towels that you have washed but haven't returned to the Sons of Norway.  
Thanks, Ann Walser Food Chair



## BRATS on the LOT

Brats on the Lot was a BIG SUCCESS!!! The weather was with us...it did not rain and was not too hot. The sale of the goodies and the brats brought approximately \$500 to the Lodge. A big thank you goes to the many who worked at the event to make this all possible: Pat Glynn, Steve Penne, Cameron Penne, Allen Watrud, Ron Goplin, Aldeen Fjelstad, Carolyn Johnson, Kelly Skeels, Tamiko Clary, Martin Amundsen & Rita Schraepfer. Thank you also to the many people who donated baked goods and money. We could not have done this without you. Tusen Takk

Rita

### Foundation news.....

#### **Get Ready for our October Sons of Norway Program at Vennelag: The Sons of Norway Foundation!**

To date, the International Foundation has awarded more than \$18,000 to 18 Sons of Norway lodges in 2018 for projects or programs in 3 categories:

Lodge Culture and Heritage Grants

Helping Hands to Children Grants

Lodge Vitality Grants.

During our meeting, we will be sharing with you the importance of our Sons of Norway Foundation. The Foundation was created to help fund scholarships and education, to give humanitarian and community aid for Sons of Norway members who are victims of natural disasters and for the promotion of Norwegian heritage and cultural exchange. The ultimate goal of the Foundation is to showcase our unique Norwegian heritage to wider audiences and make Sons of Norway communities more vibrant places to live. The Foundation would not exist without you, our member support. During our presentation we will be communicating how you can be part of this great work!"

Harley

### GRANT NEWS...

The Cultural Grant we were awarded, is allowing the Lodge to offer TWO classes to Vennelag members. Both classes will take place at The Cat and The Crow, 201 East Main St., Mt. Horeb.



#### Knitting:

For the first-time knitter or if you need a refresher, this class is for you. You will make a small project that you will be able to take with you on Aug. 4, 9 am – 12 noon. Please reserve your spot by July 28 by calling Melissa or Rebecca at The Cat and The Crow at 608-437-1771. (There are no special requirements or special equipment needed for this class. Stop in to see what your choices can be).

#### Weaving:

We will be having an introduction to Rigid-Heddle Weaving on September 15, 9 am to 12 noon. We must have a count of those attending by Aug. 4 for the appropriate number of looms to be ordered. To reserve your spot, call Melissa or Rebecca at 608-437-1771. You will learn how to warp a Cricket loom and weave a scarf. You will get one (1) month with the loom if you do not have a table-top loom.

Visit [thecatandcrowonline.com](http://thecatandcrowonline.com)



For those interested: the WI Sheep and Wool festival is Sept. 7- 9

Tiffany



## New Lighting for the Community Center?

Numerous members have lost their footing and have fallen outside of the Community Center on their way into or out of the building. Lack of night lighting is a major concern, but this is compounded by icy winter weather making traversing the walkways quite a challenge.

Earlier this year, a grant was written asking the Mt. Horeb Rotary to help fund the installation of new lighting at the MHCC site. Although this funding request was denied, President Wille-Schlesser has entered into discussions with the Mt. Horeb Village Board's safety committee to make this project a reality. Once more information is available, it will be shared with the Vennelag Board of Directors. If the proposal is passed at the Board level, the project will be brought to the membership for approval. The last project we undertook for the Village was the painting of the Community Center building. By doing so, we were able to waive the cost of our rent at the Center for roughly seven years. More information will be shared with the membership at the September Lodge meeting.

## BRIDGING OUR HERITAGE

From June 28-30, 2018, delegates from Vennelag Lodge attended the 54th Biennial Convention, which was held in La Crosse, WI. Vennelag's representatives were: Carolyn Johnson, Tiffany Schwoerer, Karen Eberhardt, and Tamiko Clary. Your Lodge thanks you for your leadership and assistance in conducting the business of the 5th District or "The Friendly 5th", as we are known.

The ladies will be giving a report of their participation at the September Board meeting. Congratulations Karen Eberhardt on your election to the District 5 Board of Directors.

## Making a Difference

A 2 mile portion of the Military Ridge Bike Trail has recently been adopted by our Lodge. Our role is to police the trail for downed branches, pick up trash and help with the removal of invasive plant species.

Working on the trail project provides members a chance to work toward a sports medal in walking or cycling!

**JOIN US...**on June 23 and September 23 (these are the last two dates out of three). We meet at the trail parking lot in downtown Mt. Horeb at 8 am (due to the uncertainty of summer weather temperatures).

Thank you to the Vennelag members who organized this project: Carolyn Johnson, Jean Grindle, Lynn Schwoerer, Donna Corcoran, and Karen Eberhardt with assistance from Aldeen Fjelstad.

The newly posted **Adopt a Trail** sign gives Vennelag members credit for working the trail.



**GRATULERER TIL ALLE for putting Vennelag on the Mt. Horeb Community radar!**

## Info on the Madison Mallard's game



Enjoy the lack of a meeting this summer by taking in that traditional Norwegian activity of baseball and picnics. Join your fellow Lodge members at Warner Park on **Thursday, August 2** for an evening of fun and frolic.

We will be in the Duck Blind, with ALL-YOU-CAN-EAT BALLPARK FOOD:

BBQ Pulled Pork, Hops-Smoked Sesame Pulled Chicken, Boneless Wings, Burgers, Brats, Hot Dogs, Cranberry Walnut-Chicken Salad Sandwiches, Watermelon, French Fries, Potato Salad, Coleslaw, Chips, and Soda. Beer is available on your own nickel.

Contact Social Committee chairman Allen Watrud (608-772-1969 or via email [awatrud@gmail.com](mailto:awatrud@gmail.com)) if you have not yet signed up. \$25 per person. Unfortunately, no refunds will be allowed as we will be paying in advance.

Ticket info will be provided as we get closer to the date of the game.

# YEARS OF SERVICE RECIPIENTS



## 5 year pin

Cameron Penne  
Davina Penne representing her sons  
Everett Penne  
Patrick Penne



## 10 year pin

Mary Gullickson-Krantz  
Jean Bower



## 25 year pin

Carol Riphahn

## Nineteen Counties to become Regions in Norway by 2020

The Storting (Norway's parliament) recently passed the most comprehensive administrative reform since 1662. In this new reform, Norway's 19 fylker (counties) are planned to be replaced by 11 regioner (regions) by January 2020. Four existing counties (Nordland, Rogaland, Oslo, and Møre og Romsdal) will continue using the same names and borders as they had in 2017. The rest of the country will have two- and three-county groupings rolled out as regioner with new names. This move aims to strengthen each region and improve coordination between municipalities, regions and state. The regions will assume oversight in a number of areas such as infrastructure, education, culture, business development and outdoor life.

Meet the new regions:

- Aust-Agder and Vest Agder will become Agder
- Buskerud, Akershus and Østfold will be called Viken
- Finnmark and Troms will go forward as Troms og Finnmark
- Hordaland and Sogn og Fjordane will become Vestlandet
- Nord-Trøndelag and Sør-Trøndelag have already merged into the region of Trøndelag as of January 2018
- Oppland and Hedmark will be known as Innlandet
- Telemark og Vestfold will become Vestfold og Telemark



### Do you have a change of address?

Please inform Duane Kittleson of any change in mailing address or email. You may make a request to discontinue the printed copy to receive an email copy notification when the newsletter is posted on [www.sonsofnorway5.com](http://www.sonsofnorway5.com).

Duane Kittleson  
6225 Mineral Point Rd. Apt. D90  
Madison, WI. 53705  
Phone: 608-229-6738

## Venneleg News

Arlene Watrud-Krueger, Editor  
7366 Old Sauk Rd  
Madison, WI 53717-1213

### Lodge dates for you to know....

July 7: Final payments due for Masse Moro

July 15-July 28: Masse Moro Camp

July 16-17: Meatball making, 9 am ELC church, 325 E. Main St. Mt.Horeb. We will make 4 Nescos of meatballs. Tuesday may be reserved for baking items for the Kaffe Stue bake sale. Contact Jean Grindle at: djgrindle@msn.com

July 21: Kaffe Stue



(No July meeting)

August 2:



Venneleg Lodge at the Mallards!



(No August meeting)

August 4: Knitting class at The Cat and The Crow

August 16-18: International Sons of Norway Lodge Meeting and Convention, Minneapolis, MN

August 26-29: Visitors from Orkdal, Norway

September 15: Rigid-Heddle weaving class

September 25-30: Norsk Høstfest in Minot, ND

October 6, 2018: Høst Frokost