



Coming Attractions

October 17th  
Monthly Meeting  
Cultural Skills  
6 PM

First United Lutheran  
2401 Kohler Mem. Dr.  
Sheboygan, Wi

November 21st  
Monthly Meeting  
6 PM  
Craft Show & Sale  
First Lutheran Church  
521 North 8th St  
Manitowoc, Wi



# the Vennskap Lodge News

Vennskap Lodge 5-622

Sheboygan Falls, Wi 53085

October 2017

Volume 25, Issue 8

## Remember When...

What a year! We're in the final quarter of our calendar year, leaves are beginning to fall while Mother Nature seems to have found some unused summer high temperatures to clean away. Busses have stopped and Vennskap members have returned from their visit to Troll Country after closing the Scandinavian booth at Two Rivers. It's time to catch a nap before the next event. We have had some very busy people enjoying the experiences and telling others who we are. Two more meetings and our 2017 year comes to an end. It has been a very unusual year. We have been very fortunate to have been spared catastrophic weather conditions experienced by areas less fortunate. Social conditions seem to be in turmoil with constant tweets and news. Everyone seems to be walking around with something held in their ear. Time to relax.

Falls festivals are in full swing with people gathering to enjoy the outdoor scenes while leaves are beginning to show the awaited reds and yellows. Members of our lodge displayed Scandinavian culture and foods in an area noted for French and other nationalities while spreading good will. Some even dared to go into Troll Territory! Photos to share.

"Remember when we..?"  
See you at the meeting.



### Med Dagen!

#### October

Candace Snider.....	4
Jere Solberg.....	5
Marvin Moen.....	18
Joanne Worley.....	18
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Severin Johnson.....	19
Steve Olsen.....	23
Gary Henderson.....	25

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Benson Dickrell.( Heritage).....	11
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Art Thomas.....	22



Happy Birthday!

## From The President:

Laurie Shawhan



September has been quite an interesting month with highs and lows in temperatures, beginnings and endings of schools, organizations, vacations and on. Two major events that brought joy and positive experiences to Lodge members and others who interacted with us were the Ethnic Fest in Two Rivers and a bus trip to Mt. Horeb.

A number of excellent bakers in our Lodge and a number of willing workers at our stand brought back the flavors and ethnicity of Norway to Two Rivers' annual Ethnic Fest. Our "stand" was in a perfect spot – within yards of the entertainment and right on their main street. Folks and customers were pleased to learn that there is a Norwegian Lodge in the area and had many questions, which lead to good conversations. We almost sold out, and much of our reading materials have found good homes. Whether we do this again remains to be seen.

Our trip to Mt. Horeb was well attended and brought us much joy, as these trips always do. If you remember the lovely stave church in Little Norway which was built over 122 years ago and have been saddened by its removal, you can be comforted knowing it has been returned to its birthplace in Orkdal, Norway. Mt. Horeb's lodge president was privileged just recently to travel to Orkdal and attend the celebration of its return. On the plus side, one of the curators from Little Norway now works at the new museum in Mt. Horeb, along with many of Little Norway's artifacts that have been acquired by Mt. Horeb. We were very impressed by their preparation and care of their priceless artifacts. Of course mange takk to Vi Rue for her delicious cookies and the Mikklesons for planning and running the event and their munchies. And shopping? Just ask one of the attendees about that experience !!!!

Just two more meetings this year, and time to turn over the scepter. Let's make the most of our time together and bring your Norwegian ideas and cheer.

Laurie Shawhan, President  
Vennskap Lodge 622



“We had a great day at Ethnic Fest in Two Rivers! We even made a little money as we pretty much sold all the baked goods that everyone worked so hard to make!”

Photos by Kirt Johnson

Vennskap Members added the Scandinavian flavor to an event that began 26 years ago to celebrate the French-Canadian heritage of Two Rivers, Wisconsin .



This was The Place to find Scandinavian goodies!

It started with a parade of flags. It's kind of grown beyond that as time has gone on and it has become an event to celebrate cultures from all over the world.," said Roger Russove, Two Rivers Main Street Executive Director.



It was a beautiful day for a Mount Horeb Bus Trip



We left Plymouth at 8:30 AM , returning at 7:30 PM after a fun day of eating, visiting and shopping!



Photos by Gary Henderson and Liana Mecha

Early to rise! Many things to see in Troll City. The Main Street has many trolls that have a story to tell about the shops that are in town . They seem to be bystanders greeting a parade of visitors..”Velkommen”.



Venskappers get out of town on a bus ride to Mt. Horeb. Everyone lines up for a stretch at the Mc.D. in Beaver Dam on this nice day. Note all the “Shades!”



Mikk invites everyone inside



These three found some new friends!

A Long Day and a Long Ride, but so little time to take in all the shops and learn some of the stories behind Those Trolls! Next time!



A ‘stabbur’ ~ A storage area elevated from snow and varmits.



Lunch at the “Grumpy Troll”



Tools and more!

“Only God can make a tree” ( yellow..red..No longer green?)

Slowly, but surely, the leaves are showing some colors. It happens every fall!

Chlorophyll Breaks Down. But in the fall, because of changes in the length of daylight and changes in temperature, the leaves stop their food-making process. The chlorophyll breaks down, the green color disappears, and the yellow to orange colors become visible and give the leaves some of their fall splendor.

Chlorophyll is what gives a leaf its green color. In the winter there is not a lot of sunlight, so deciduous (trees and plants that lose their leaves in the fall) trees stop making food. The chlorophyll fades. ... When the leaves stop making food, the other pigments become evident in the leaf.



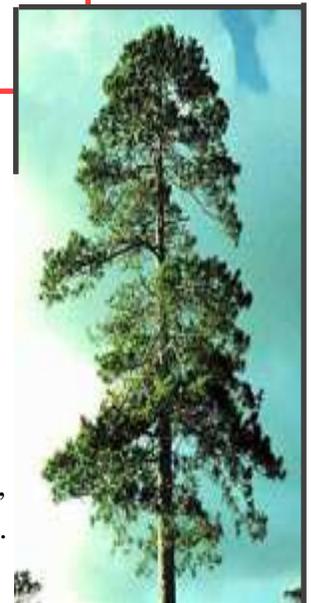
What are the benefits of chlorophyll?

- Helps Control Hunger and Cravings
- Controls Body Odor
- Encourages Healing  
The use of chlorophyll to promote the healing process first reported nearly 100 years ago.
- Protects DNA Against Fried Foods  
Fried foods aren't just bad for your waistline, they also contain chemicals known to damage colon t
- Promising Potential for Cancer Therapy
- Effective Against Candida albicans  
a big problem for many individuals and can lead to fatigue, depression, and digestive problems.
- Relieves Systemic Redness and Swelling
- Promotes Healthy Iron Levels
- Chlorophyll possesses an amazing range of benefits readily available to everyone.
- Chlorophyll rich foods contain essential vitamins and nutrients needed for cardiovascular, muscular, and neural health.



But the “Norway Pine” is so stubborn..  
It won't change at all!”

The Norway pine doesn't have anything to do with Norway. In most areas, this tree is known as red pine, Settlers thought it resembled the Norwegian Scotch Pine.

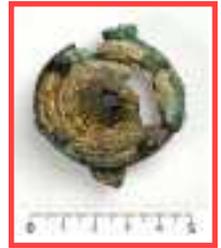


## 400 Viking Artifacts Stolen in Norway's Largest Museum Heist

On Monday, August 14, University of Bergen staff discovered there had been a burglary over the weekend. A massive collection of invaluable Viking artifacts had been stolen in a raid being called Norway's largest museum heist.

The Viking Age and Iron Age artifacts, which were being temporarily stored in a warehouse, came mainly from gravesites in Western counties of Hordaland, Sogn og Fjordane, Rogaland and Sunnmøre. This map shows the approximate site where each item was found.. It is notable that the missing items are small and shiny and easy to transport. Artifacts include book fittings, bowl-shaped buckles, jewelry and keys.

Von Achen called the burglary "a disaster for the museum and for Norwegian heritage," and hopes that publishing photos of the objects will prove a deterrent to potential buyers. He notes that the items have high historical value, but would not be valuable from a precious metal standpoint.



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### "The Scream" revisited



So what is the meaning and real story behind The Scream? In what he referred to as his "soul painting," Edvard Munch reveals an honest and perhaps even ugly glimpse of his inner troubles and feelings of anxiety, putting more importance on personal meaning than on technical skill or "beauty," a traditional goal of art. According to Munch's diaries, the idea and inspiration for The Scream was very autobiographical, with the modern art painting's content closely based on a personal experience first recorded in an 1892 "I was walking down the road with two friends when the sun set; suddenly, the sky turned as red as blood. I stopped and leaned against the fence, feeling unspeakably tired.

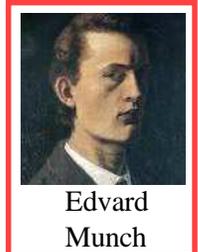
Tongues of fire and blood stretched over the bluish black fjord. My friends went on walking, while I lagged behind, shivering with fear. Then I heard the enormous infinite scream of nature." Edvard Munch .

In fact, the original German title given by Munch to his work was Der Schrei der

"My father was temperamentally nervous and obsessively religious—to the point of psychoneurosis. From him I inherited the seeds of madness. The angels of fear, sorrow, and death stood by my side since the day I was born." Christian, his father, reprimanded his children by telling them that their mother was looking down from heaven and grieving over their misbehavior. The oppressive religious milieu, Edvard's poor health, and vivid ghost stories helped inspire macabre visions and nightmares; the boy felt that death was constantly advancing on him.

And there's more than ONE "Scream!"

The Scream exists in four versions: two pastels (1893 and 1895) and two paintings (1893 and 1910). There are also several lithographs of The Scream (1895 and later). ( Enough to make one scream!)



Edvard  
Munch

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### Another note to make one scream.....



Due to renovations at Lakeland University, the site of The annual Lutefisk Dinner, Our Venenskap Lutefisk Dinner, usually held in November, will be cancelled.

Please contact your friends who will not receive this announcement.

# The Lady's Page

## Apple Bundt Cake with Rum Sauce

This cake is yummy with the rum sauce or could be served with ice cream.

2 eggs	1 tsp cinnamon
2 cups sugar	1/2 tsp salt
1/2 cup oil	4 c. diced apples
2 cups flour	1 c. chopped nuts
2 tsp soda	1/2 tsp vanilla

Cream eggs and sugar; mix with oil.

Add flour, soda, cinnamon and salt. Stir in apples, nuts and vanilla.

Pour into greased bundt pan and bake 350° for 1 hour. Cool 10 min. in pan before removing. (Can be baked in 9x13" pan for 40-50 minutes.)

Rum Sauce:

1/2 cup white sugar	1/2 c. cream
1/2 cup brown sugar	1/4 c. butter
1/2 tsp. rum or vanilla extract	

Bring sugars, cream and butter to boil. Remove from heat; add flavoring. Serve warm over cake.

### Do you know?

According to HGTV magazine, eggs should be stored with the narrow side down. It's rare but bacteria can seep through the shell and into it's air sac. With the narrow side down, gravity keeps the air sac at the top and away from the yolk in the center.



It's soon time to get our bulbs planted for spring flowers! This should be done about 6 weeks before the first frost - for us that would be somewhere between September and November.

Look for healthy and big bulbs as these are the best bloomers. For a more interesting and tasteful look, a selection of just 2 or 3 colors or varieties is suggested.

Plant in a well-drained and sunny area. Dig deep - 2-3 x deeper than the size of the bulb. And it's pointy-side up!



## Happy Halloween!

The "Jack-O-Lantern" term stems from an Irish myth about a man named Stingy Jack. His ghost was said to wander around carrying a carved-out turnip with a burning coal for light. The first jack-o-lanterns were made using turnips or beets.

At the Wednesday morning breakfast club, Torger was invited to offer the table prayer. He gulped and his eyes grew round.. but then he opened his mouth and began with, "Lord, I hate buttermilk." The preacher opened one eye and wondered where this was going. "Lord, I hate lard." Now the preacher was worried. But without missing a beat, Torger continued, "And Lord, you know I don't care much for white flour." By now, the preacher was ready to stand up and stop everything, but Torger went on, "But Lord, when you mix 'em all together and bake 'em up. I do love fresh biscuits. So Lord, when things come up we don't like, when life gets hard, when we just don't understand what you are sayin' to us, we just need to relax and wait 'till You are done mixin' and probably it will be somethin' even better than biscuits. Amen."



## April Showers Bring Spring Flowers!

## In Other Scandinavian News...

Scientists have confirmed that human remains interred in a prominent Viking warrior grave in Sweden were those of a woman and not a man, a discovery that raises provocative questions about gender roles and limitations in the male-dominated ancient society. Not only was she a warrior, but the grave suggests she was a high-ranking one, an archaeologist at Uppsala University stated :



"Aside from the complete warrior equipment buried along with her, she had a war-planning game used to try out battle tactics and strategies, sword, and other battle equipment which indicates she was a powerful military leader. She'd most likely planned, led and taken part in battles." All the signs of a professional warrior.

The remains had been assumed to have been those of a man because of the armor found with them.

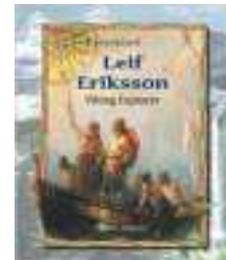
Christopher Columbus



Columbus Day October 9th

Who discovered America?

Leif Erickson



"In 1492, Columbus sailed the Ocean Blue".

Every American schoolchild has heard and was expected to memorize this verse commemorating the feat of "Discovering America". However, critics claim Chris didn't even set foot upon the mainland and even thought he was on the way to Asia, or the West Indies, so he named the heathens who greeted him from shore, "Indians". The Italian sailors and Columbus had no respect for these "Indians" and the natives had no defense against the powerful muskets of the invaders. Columbus didn't make friends, but claimed to be the Discoverer of America".

Although we still don't know the true spelling of this Scandinavian seaman, he knew his way around. Leif was sailing from a settlement in Greenland back to Iceland when he stopped to explore an area he claimed "was covered by grapes", naming the area "Vinland", in North America. Leif died in 1020, many years before Columbus filed his claim of discovering "The New Land". Erickson's achievements are recognized on the date when "Restauration", a ship of settlers, set foot in America. They arrived in New York Harbor on October 9, 1825. "Leif Erickson Day" is celebrated on October 9th each year.

However, there are critics that are supporters of the natives who were living in the discovered land long before either Columbus, or Erickson set foot on the land. It began as a counter-celebration to Columbus Day, promoting Native American culture and commemorating the history of Native Americans. The proposal to replace Columbus' holiday was introduced in November 2015 by a member of the Wyandotte Nation tribe, because of what he called "Columbus' legacy of extreme violence, enslavement and brutality" of Los Angeles' original indigenous people, who were there thousands of years before anyone else." Columbus Day has been replaced by "Indigenous People's Day" in several states today. On this day, people are encouraged to donate to a neighboring tribe, recognizing their history.

